

Soul ties

A soul tie is a bond or connection that is formed with another person.

We naturally form ties with our family, relatives and/or close friends– just like David had with Jonathon as it tells us in **1 Samuel 18:1** ‘*...The soul of Jonathan was knit with the soul of David, and Jonathan loved him as his own soul.*’

Another way we form a healthy, Godly tie or attachment is when two are gathered in marriage they become one flesh as described in **Matthew 19:5** ‘*For this reason a man shall leave his father and mother and shall be joined inseparably to his wife, and the two shall become one flesh*’

God is intentional in all He does and will bring friendships and relationships into our lives so that we can be blessed by having Godly people around us. We can receive Godly wisdom, encouragement and fellowship through those Godly ties and associations. But the opposite is also possible the enemy will allow people to come into our lives to form ungodly ties and attachments. Sometimes those ties can be very appealing to the flesh but toxic to the spirit! 1 **Corinthians 15:33** ‘*Do not be deceived: bad company corrupts good morals.*’

An ungodly or unhealthy tie will be created whenever someone engages in sexual relations outside the confines of marriage. Also through, vows, commitments, agreements, idolatry, abusive relationships (physically, sexually, emotionally, verbally) and controlling relationships.

Some people may even be drawn to their first love or have ‘feelings’ towards an old partner as a consequence of a tie that was formed! People even become obsessed with celebrities and will even go to the extreme of decorating their home with posters and memorabilia of their favourite celebrity, or they can’t stop ‘thinking’ about them, it’s over the top and obsessive. Or if someone is asserting pressure over you or controlling you; over and above their role or friendship this may be an indication of an unhealthy soul-tie and it needs breaking in Jesus name. Parents who control their children or teachers who lord it over their pupil will have an unhealthy soul tie.

The main issue of unhealthy ties is that they can be used against us as a weapon of the enemy. You are connected to each other through the soul – which is the mind, will and emotions. It’s unhealthy in that you may feel obligated or forced to do something or to continue in a relationship where there’s abuse, it’s really any relationship where you are not exercising your free will. It needs breaking in Jesus name!

I remember ministering with a young man who was having a sexual relationship with a woman who was into the occult, he was a Christian and because he had overstepped the boundaries of God's protection what was demonic in her was able to transfer to him – he needed prayer to cut off from her and deliverance!

God is gracious to forgive, forget and heal!

How to break soul ties

1. REPENTANCE: Firstly take time to repent to the Lord. If the soul tie was formed through sex outside marriage tell the Lord how sorry you are or if it was through drug taking with someone, or a drinking buddy or even an obsession to a celebrity, give it all to the Lord.

If you can't remember all the names of those who you've been physically intimate with – don't panic! God will hear the sincere petition of your heart if you do a job lot.

2. FORGIVENESS: Forgive the person/people for your own benefit and choose to let them go, also forgive yourself.

3. RENUNCIATION: Any inner vows, commitments, statements etc that helped create the soul tie need to be repented and renounced:

Say this out loud

In the name of Jesus Christ, I repent and renounce all vows, statements, commitments which I have made, knowingly or unknowingly, against myself or anyone else. I specifically renounce..... (Name those vows which you have made and which you know to be wrong could be that you said you'd never love another person, or that you'd rather die than marry anyone else). I ask You, Lord, to totally cleanse me and set me free.

By the power of Jesus Christ, His death and resurrection, I take the sword of the spirit and I renounce, break and sever any ungodly soul ties formed between myself and *[say the name of the person]* I break the soul tie from them to me also Lord and I give [insert name] back to you and myself back to you.

In Jesus name, I pray.